

## On-site Wastewater Management Training Course

### Secondary Treatment; Constructed Wetlands

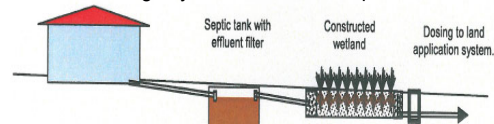
Honorary Associate Professor Phillip Geary  
School of Environmental & Life Sciences  
The University of Newcastle NSW

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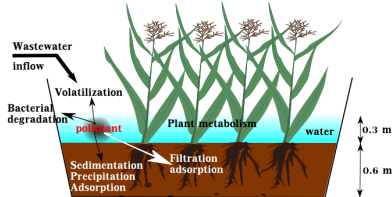
### Constructed Wetlands (Reed Beds)

- Increasingly popular as a secondary treatment option to achieve secondary or advanced treatment (BOD, TSS and FC reduction)
- Low-maintenance and relatively inexpensive treatment
- Robust performance and seen as “natural” treatment - “ecotechnology”
- As with all on-site systems, refer to state agency websites for accredited or approved systems; local approvals for CWs often given based on specific or unique designs which consider site constraints, design hydraulic load and required HRT



### Treatment Processes in CW

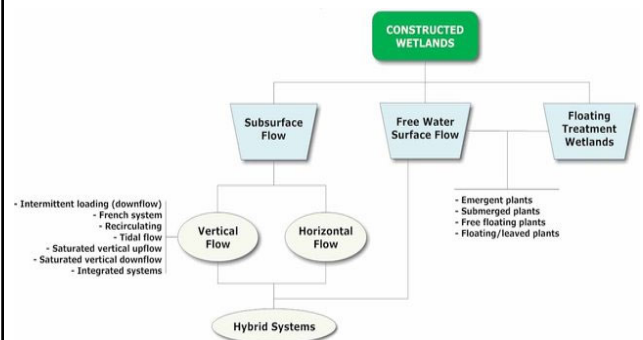
- Sedimentation, filtration and adsorption
- Gas loss/volatilization
- Uptake of metals and nutrients by plants
- Bacterial degradation by ultra-violet light, die-off and predation
- Decomposition of organic matter



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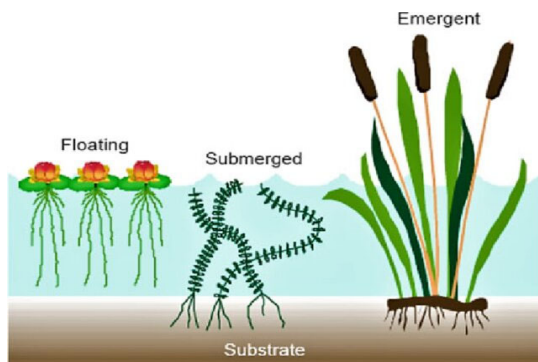
### CW Classification



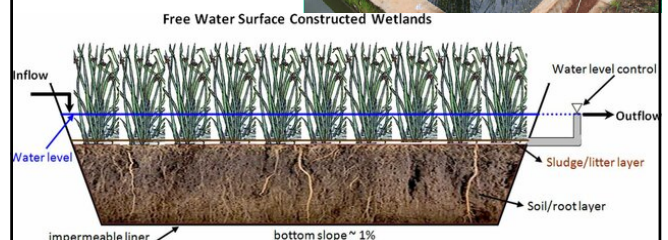
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### Macrophyte Plants Cultivated in CW



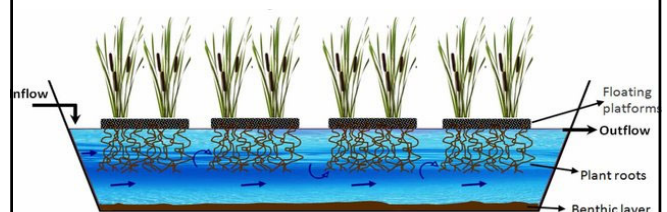
### Free Water Surface Flow Systems



## Subsurface Flow Systems



## Floating Systems

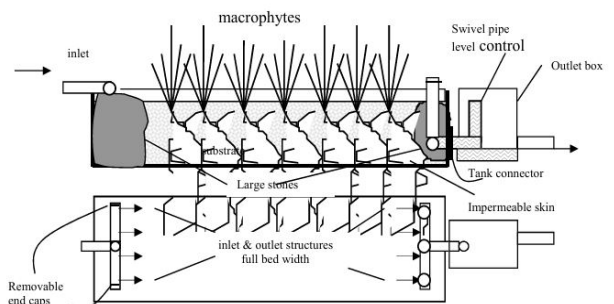


## SSF Systems

- Preferable for domestic on-site treatment
- Used for treating combined domestic load or greywater (also for excess from "dry" composting systems)
- Installed after primary treatment devices and considered a secondary treatment system
- Grease and fat removal in septic tank pre-wetland
- CW may be integrated with site landscape plan



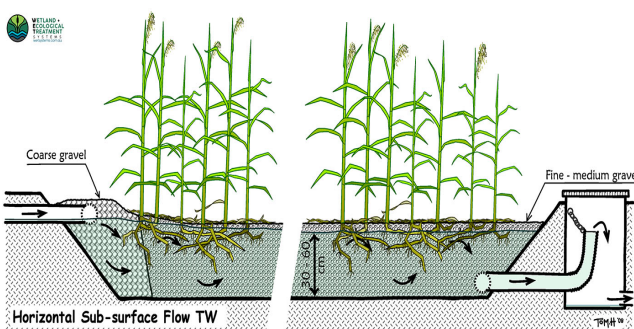
## Elevation and Plan Views of Typical Horizontal SSF CW



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## Horizontal SSF Systems

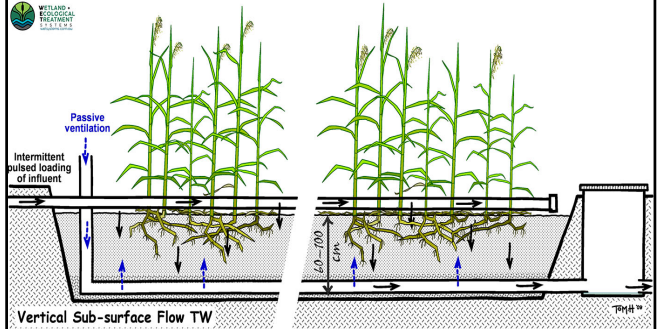


Source: <https://wetsystems.com.au/>

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## Vertical SSF Systems



Source: <https://wetsystems.com.au/>

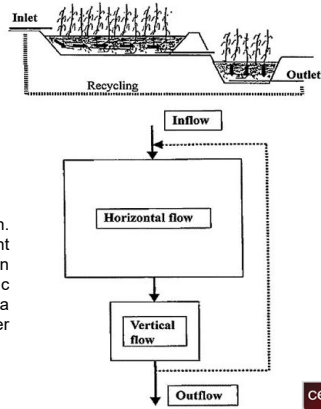
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## Hybrid CW System consisting of combined vertical and horizontal SSF systems

Designed to achieve N reduction. Nitrified effluent is returned to front end of system where denitrification can take place in less aerobic horizontal bed using inflow as a source of carbon needed for further treatment to occur.



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## What Do Plants Do?

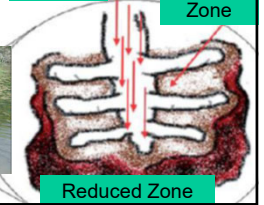
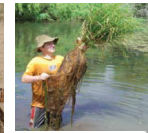
- Control algal growth
- Take-up nutrients
- Provide an oxygen source
- Develop strong algal and bacterial biofilms in root zone where treatment occurs



Oxygen

Oxidised Zone

Source: Aqua Biofilter



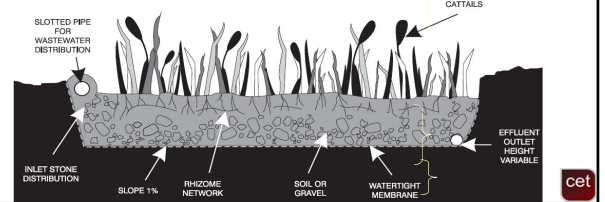
## What Do Plants Do?

- Transport gases to and from the root zone via **aerenchyma** which are airways running from the aerial parts of the plant to the roots
- Aerenchyma assist with gas diffusion
- Rhizomes provide sites for oxidation while adjacent soils remain anaerobic (biofilms grow on submersed stems and leaves)
- Bacteria colonise and perform a wide variety of chemical conversions



## Role of Substrate

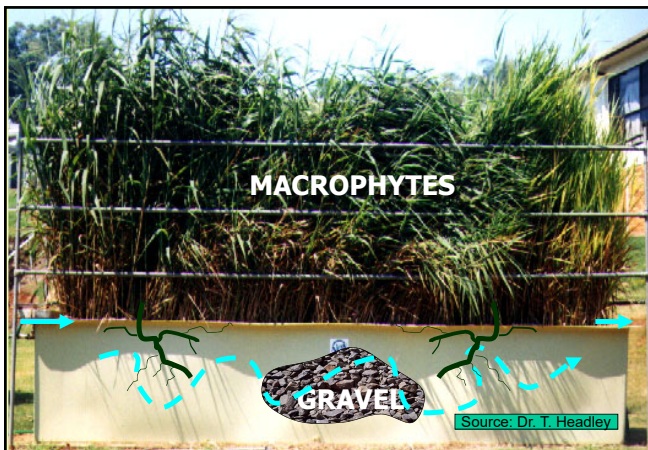
- Provide rooting medium for wetland plants
- Support nutrients for plant growth
- Provide capacity to store water in pore spaces
- Adsorb to limited degree contaminants and reduce effluent concentrations
- Buffers pH which assists in maintaining uniform bio/geochemical reactions



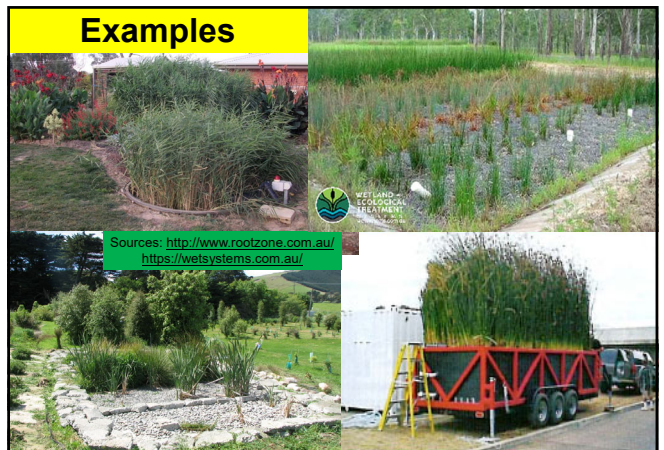
## MACROPHYTES

GRAVEL

Source: Dr. T. Headley



## Examples



Sources: <http://www.rootzone.com.au/>  
<https://hwtsystems.com.au/>

### Ubi Aqua Aerated Wet Cell Treatment System

Approved for advanced secondary (AS1546.3)

<https://www.ubiaqua.com.au/aerated-wet-cell-treatment-system/>

| Turbidity | TSS        | BOD5         | E.coli  | Dissolved Oxygen |
|-----------|------------|--------------|---------|------------------|
| <5 NTU    | <5mg/Litre | <4.4mg/Litre | <10 cfu | >3.75mg/Litre    |

Average water quality test results

### Modified Plant System for Greywater

Greywater Sources

Pre-treatment

Soil-box planter

Dispersion

Irrigation

Source: A. Dakers

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### SSF Design Considerations

- Site selection/location
- Sizing for design hydraulic load and HRT (Treatment in CW is a function of HRT)
- Liner - impermeable membrane or compacted clay or prefabricated unit
- Multiple beds – parallel or series?

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### SSF Design Considerations

- Inlet structures to ensure uniform flow distribution
- Adjustable water level control
- Outlet/collection devices - dosing sump and pump well capacity
- Gravel sizes
- Macrophyte plant species to be used
- Maintenance of reedbed including vegetation and weed management
- And after the CW system?

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### Sizing

- Sizing can be based on simple rule-of-thumb approaches for “typical” situations.
- Guidelines often suggest different specific area requirements per Population Equivalent (PE) to achieve a Secondary quality (20/30 standard) or a specific HRT

- 2 m<sup>2</sup> up to 6 m<sup>2</sup> of wetland treatment area per PE/day for combined wastewater
- HRT can be determined for a particular level of treatment but is typically recommended about 5-7 days
- For greywater design 3 m<sup>2</sup> PE/d

| Examples         | Combined Wastewater | Greywater Only    |
|------------------|---------------------|-------------------|
| Area of Reed Bed | 24 m <sup>2</sup>   | 17 m <sup>2</sup> |

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### Example of SSF Area and Dimensions

| BR/ PE | Hydraulic Load (L/d) | Surface area (m <sup>2</sup> ) | Suggested width (m) | Suggested length (m) | L:W ratio |
|--------|----------------------|--------------------------------|---------------------|----------------------|-----------|
| 3/5    | 900                  | 30-33                          | 4.5                 | 7.2                  | 1.6       |

Source: Table 1 in Tanner, C. Headley, T. & Dakers, A. (2011) Guideline for the Use of Horizontal SSF Constructed Wetlands in On-site Treatment of Household Wastewaters, NIWA, Hamilton, NZ

### Rule of Thumb Sizing (HRT 7 days)

| Water Depth (m) | Surface Area/p (m <sup>2</sup> ) All Wastewater | Surface Area/p (m <sup>2</sup> ) Greywater |
|-----------------|-------------------------------------------------|--------------------------------------------|
| 0.3             | 6.5                                             | 5                                          |
| 0.4             | 5                                               | 4                                          |
| 0.5             | 4                                               | 3                                          |
| 0.75            | 3                                               | 2.5                                        |

Source: Table 1 in Lismore City Council (2005) The Use of Reed Beds for the Treatment of Sewage and Wastewater from Domestic Households

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### Gravel Media and Plants

- Depth of gravel bed media typically 40 cm with water level maintained about 5 cm below gravel surface
- Plant selection - native wetland nursery species
- Low stature and high stature growth forms (*plants/m<sup>2</sup>*)
- Issue of plant senescence and on-going maintenance (including whether to harvest) plus managing invasive weeds

| Zone                 | Gravel        | Size Range (mm) | Porosity (%) |
|----------------------|---------------|-----------------|--------------|
| Inlet & outlet zones | Coarse        | 40-60           | 45           |
| Main wetland         | Fine, angular | 10-20           | 40           |

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### Recommended Species

#### Floating plants:

- *Lemna spp*, *Wolffia spp*

#### Submergents:

- *Myriophyllum*
- *Potamogeton*

#### Emergents:

- *Typha*
- *Phragmites*
- *Eleocharis*
- *Schoenoplectus*
- *Baumea*



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### CW Performance

- Properly designed, installed and serviced SSF CW can provide secondary or advanced treatment of primary treated effluent
- Able to produce 20/30 standard TSS/BOD; median levels of FC can be reduced by approx. 99% (2 log reduction)
- Rely on HRT to achieve level of treatment
- Reduction of N and P varies widely over time and is by biomass uptake and substrate adsorption
- Often variable for TP but initially high, later decreasing depending on substrate used; can be good for TN but dependent on oxidation and biochemical conversion of N
- Treated effluent should be discharged to an appropriate land application system

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### Further Reading

- Lismore City Council (2005) The Use of Reed Beds for the Treatment of Sewage and Wastewater from Domestic Households, Lismore NSW
- Stephanakis, A. (2016) Constructed Wetlands: Description and Benefits of an Eco-Tech Water Treatment System, Chapter 12 in Impact of Water Pollution on Human Health and Environmental Sustainability, IGI Global
- <https://www.igi-global.com/chapter/constructed-wetlands/140180>
- Tanner, C. Headley, T. & Dakers, A. (2011) Guideline for the Use of Horizontal SSF Constructed Wetlands in On-site Treatment of Household Wastewaters, NIWA, Hamilton, NZ
- <https://wetsystems.com.au/>
- <http://www.rootzone.com.au/>
- <https://www.ubiaqua.com.au/aerated-wet-cell-treatment-system/>

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